

BRIEFING BRADFORD



20 May 2026

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Community Action Impact Report 2025/2026

Welcome to our [Impact Report](#) for 2025/2026. It has been a different kind of year for Community Action Bradford & District. We have quickly flexed from an organisation relying on grant income to one providing support through a mix of contracts and income generation, alongside prudent use of our reserves.

In the summer of 2025, we reset our strategic direction and within our impact report you will find our renewed values, strategic themes and future intent.

Whilst we have seen the size of the team reduce over recent months, our ambition for and dedication to the sector has grown. We are grateful for everyone who has contacted us to receive a service, for those showing up at events, those joining networks and for all those who continue to read Briefing Bradford.

We hope our impact report gives you insight into the difference Community Action is making in the district and we look forward to seeing you through 2026/2027.

Through the report you will learn more about what we do, how we do it, and the difference this is making to VCSE organisations across the district.

We also wanted to use this opportunity to refresh our impact measurement over the next year. We are taking additional steps to ensure the support we offer is really making a difference. What this means is we will be asking you to answer a couple of questions when you work with our Development Officers, and we will send you a short feedback survey when we do a piece of work with you.

We hope that you will take the couple of minutes to offer us feedback if this arrives in your inbox so that we can continuously evaluate and improve our services for you, and so that we can strengthen our own organisation.

Scan to
read our
Impact
Report



A Pocketful of Hope

Somewhere in your day, tucked into an unexpected corner, you might come across a small card. Pick it up. It's for you.

[Safe Spaces](#) has launched [A Pocketful of Hope](#), a campaign placing messages of hope in everyday spaces, each one a quiet reminder that support is closer than you think. Take it, keep it safe, or pass it on to someone who might need it more today than you do.

But this is bigger than a card. It's a human chain of support, built from real voices and real experience. **You're invited to add yours:** [share a message](#) you'd want a stranger to find on a difficult day. Something that helped you through. Something you wish someone had said to you.

Every message is **shared anonymously** and will form an online gallery of support and encouragement, a collection of hope written by people who understand. You don't need to have all the answers. Just a few honest words can be enough to change someone's day.

Safe Spaces is a network of organisations offering same-day urgent mental health support for anyone aged 5 and over, including children, young people, adults and older adults in emotional distress or crisis. A [support finder quiz](#) is available to help you find the right services for you or someone close to you.

Help can be received at any time by calling 0800 952 1181.

If your organisation or local space would like to take part, request cards by emailing marketing@thecellartrust.org. Every card that goes out carries the whole community with it.

Opportunity at JAMES (Keighley and Shipley) & YMCA Bradford (West)

[JAMES](#) and [YMCA Bradford](#) are looking to recruit two Senior Family Support Workers (JAMES will cover Keighley and Shipley and YMCA Bradford will cover Bradford West locality).

Working as part of the VCSE commissioned Family Support partnership both organisations are looking to appoint a Senior Family Support Worker with direct experience of carrying out assessment, planning and intervention with children and families. Their Children, Young People and Families teams deliver whole family work and 1-to-1 work with children, young people and parents in a variety of settings including family homes, schools, youth and community settings.

Are you inspired by playing an important role in changing people's lives? Do you have over 3 years' experience of high-quality delivery within a relevant area, where you have also provided support to colleagues and a minimum level 3 qualification in Health and Social Care or equivalent? Interested in applying?

The key purpose of the roles:

- To hold and support families that are classified as getting more Early Help within the Bradford District Safeguarding Children Partnership Continuum of Need and Risk Identification Guidance.
- To engage children and families and carry out comprehensive assessment and planning using analysis which is led by the family.
- To engage and work in partnership with other professionals involved with the children and families to deliver tailored intervention that makes a positive difference.
- To understand and work within Early Help policies and procedures appropriate to children and families.
- Using your experience and track record of achieving high levels of engagement with families presenting with complex needs, provide peer support, mentoring and development to Family Support Team assisting development.
- To support the Team Manager to manage workflow including family allocations, discussions and assessment of safeguarding risk.
- Support performance using information from Family Support Scorecard, key performance indicators and audits.
- Deputise in the absence of the Team Manager, attending meetings and supporting the team.

Please access further details and role documents:

[Senior Family Support Worker \(Keighley and Shipley\) - JAMES UK](#)

[Senior Family Support Worker \(Bradford West\) - YMCA Bradford](#)

Deadline 9am Tuesday 26 May 2026. We can't wait to hear from you!

Radio Times: A New Project for the Over 55s at BCB Radio

[BCB Radio](#) is launching **Radio Times**, a new weekly project for people aged 55 and over that combines learning radio skills with socialising and meeting new people.

Participants will take part in a weekly drop-in session at BCB's Bradford city centre studios, developing their skills and working towards presenting a brand new weekly afternoon programme on the station.

A free taster session takes place on **Wednesday 3 June, 2pm to 4pm**, at St Peter's House, 1 Forster Square, Church Bank, Bradford BD1 4TJ. It is a great opportunity to find out more and see if it is right for you.

Contact dipak.mistry@bcbradio.co.uk or mary.dowson@bcbradio.co.uk for more information.

The Craven Trust

[The Craven Trust](#) supports grassroots projects, charities and voluntary organisations with funding for equipment, capital purchases, training for volunteers and building improvements across the Craven area, covering parts of North and West Yorkshire, Cumbria and Lancashire. The trust raises donations from local companies and individuals to build an endowment fund, with the interest paid out as grants, keeping local money working for local needs long into the future. Grants range from £100 to £1,500. Upcoming **deadlines** are **24 June, 14 September and 16 December**.

Give Bradford: Driving Brighter Futures Fund

Coming up in June, [Give Bradford](#) is offering funding to deliver projects that provide trusted support to children and young people, and their families, to improve their wellbeing (mental and physical) and help them achieve their full potential in life. Based on 2024/25, the fund invested £55,000 across Bradford communities, with individual grants of £5,000 to £10,000 for one-year projects and multi-year funding possible in some rounds. Projects must be delivered in Bradford, and organisations should be based there or have strong links to the area. Funded work has included mentoring, sports, breakfast clubs and support for vulnerable young people.

The Sir George Martin Trust

Opening on 1 June, the [Sir George Martin Trust](#) awards flexible, one-off grants for running, capital and project costs to registered charities, CIOs and churches in West Yorkshire that support economically and socially disadvantaged people in their local community. Grants range from £1,000 to £5,000, with awards of around £3,000 most common. Eligible organisations must have an annual income under £1 million and demonstrate a commitment to safe cultures for staff, volunteers and beneficiaries. The trust uses a two-stage process: an Expression of Interest followed by a full application if successful.

Community Chest Grants

Grassroots, non-profit, voluntary and community organisations operating within the **ShIPLEY Constituency** could be eligible for a grant of up to **£500** through the [Community Chest scheme](#), run by the City of Bradford Metropolitan District Council. Grants are available to fund events and projects, improve facilities or buy equipment that benefits residents based in the following electoral wards: Baildon, Wharfedale, ShIPLEY, Windhill and Wrose, Bingley East and Bingley West. The **deadline to apply is 12 June**. For further information email shipleysareaoffice@bradford.gov.uk or call 01274 437146. To get started, fill out the [application form](#).

The D'Oyly Carte Charitable Trust

The [D'Oyly Carte Charitable Trust](#) funds UK-registered charities working across three areas: participation in the performing arts, creative health interventions and heritage crafts and skills. The trust prioritises projects that increase access for communities facing barriers to opportunity, whether through cost, geography, disability or other circumstances that limit participation. Grants range from £500 to £8,000. If your organisation works in any of these areas and reaches underserved communities, this could be a strong fit. Deadline to apply is **1 June**.

Upcoming Deadlines

- 27 May [Barclays Community Sport Fund](#)
- 31 May [Caremark: Community Care Fund](#)
- 31 May [The Environment Partnership Environment Grant](#)
- 1 June [Efficiency North: EN: Communities Community Foundation Fund](#)
- 3 June [JJ Charitable Trust – Literacy Small Grants](#)
- 19 June [Big Give: Women and Girls Match Fund](#)
- 20 June [Help the Homeless](#)
- 30 June [Calisen Impact Charitable Trust](#)
- 1 July [Postcode Neighbourhood Trust](#)

Visit our [funding page](#) for other opportunities, [an introductory guide to fundraising](#) and [more](#).

Staying Put: Domestic Abuse Case Worker (Refuges)

Hours: 37.5

Salary £27,554

Closing date: 21 May 2026

Details: snicket.org

Create Strength Group: Recovery Group Worker

Hours: 37.5

Salary: £26,228 - £27,323

Closing date: 22 May 2026

Details: snicket.org

Create Strength Group: Bradford RESET - Caseworker

Hours: 37.5

Salary: £30,760

Closing date: 22 May 2026

Details: snicket.org

Bradford District and Craven Mind: Community Wellbeing Worker – Know Your Mind

Hours: 20

Salary: £14.46 per hour

Closing date: 25 May 2026

Details: snicket.org

JAMES: Senior Family Support Worker

Hours: 37.5

Salary: £32,000

Closing date: 26 May 2026

Details: snicket.org

Advertise a
vacancy from just
£30*!

West Bowling Community Advice and Training Centre: Community Engagement Worker (Central and Eastern European including Roma Communities)

Hours: 35

Salary: £25,989 - £27,254

Closing date: 26 May 2026

Details: snicket.org

YMCA Bradford: Keyworker Supporting Families – BRAD44

Hours: 37.5

Salary: £32,000

Closing date: 26 May 2026

Details: snicket.org

Basis Yorkshire: Navigation and Support Worker (Sex Work and Sexual Exploitation)

Hours: 35

Salary: £30,084

Closing date: 27 May 2026

Details: snicket.org

Basis Yorkshire: Navigation and Support Worker (DV and Housing)

Hours: 35

Salary: £30,084

Closing date: 27 May 2026

Details: snicket.org

Bradford District and Craven Mind: Guide-Line Support Worker

Hours: 11

Salary: £14.46 per hour

Closing date: 28 May 2026

Details: snicket.org

Education Alliance for Life Chances: Trustee x 3

Hours: Variable per week

Salary: Voluntary

Closing date: 29 May 2026

Details: snicket.org

VCSE Jobs

Staying Put: Fundraiser

Hours: 18.75

Salary: £30,900 FTE

Closing date: 1 June 2026

Details: snicket.org

Staying Put: Bid Writer

Hours: 18.75

Salary: £32,900 FTE

Closing date: 1 June 2026

Details: snicket.org

Keighley Healthy Living: Trustee

Hours: 1-2 per week

Salary: Voluntary

Closing date: 1 June 2026

Details: snicket.org

St Christopher's Community Centre: Project Lead - Older & Vulnerable People

Hours: 25

Salary: £27,694 - £30,510 pro rata

Closing date: 4 June 2026

Details: snicket.org

Friends of Bradford's Becks: Voluntary Chair of Friends of Bradford's Becks

Hours: 1-2 per week

Salary: Voluntary

Closing date: 30 July 2026

Details: snicket.org

St Christopher's Community Centre: Project Lead - Older & Vulnerable People

Hours: 25

Salary: £27,694 - £30,510 pro rata

Closing date: 4 June 2026

Details: snicket.org

Friends of Bradford's Becks: Voluntary Chair of Friends of Bradford's Becks

Hours: 1-2 per week

Salary: Voluntary

Closing date: 30 July 2026

Details: snicket.org



Getting Started

Getting Started –Safeguarding

When? Wednesday May 20th, 13:30 to 15:00

Where? Online

[Book your spot](#)

Getting Started –DIY Fundraising

When? Tuesday June 2nd, 18:00to 19:30

Where? Online

[Book your spot](#)

Getting Started –Manage Volunteers

When? Wednesday June 3rd, 13:30 to 15:00

Where? Online

[Book your spot](#)

Time Management

When? Thursday June 11th, 10:00 to 12:30

Where? Online

[Book your spot](#)

Duties and Responsibilities of a
Safeguarding Lead

When? Tuesday June 23, 10:00 to 12:30

Where? Online

[Book your spot](#)

Getting Started - Set up a New Group

When? Tuesday June 23, 13:30 to 15:00

Where? Online

[Book your spot](#)

Getting Started – Manage a Project

When? Thursday June 25, 13:30 to 15:00

Where? Online

[Book your spot](#)

Chairs and Trustees Network Power Hour:
Trustee Recruitment Drive

When? Tuesday June 9th, 16:00 to 17:00

Where? Online

[Book your spot](#)

Leader's Network

When? Tuesday June 30th, 10:00 to 12:00

Where? Online

[Book your spot](#)

Chairs and Trustees Network

When? Tuesday July 14th, 16:00 to 17:30

Where? Online

[Book your spot](#)

Community Outreach

Community Sector Outreach

Support directly in your local community.

Development Officers are available weekly at libraries across all five constituencies, as well as monthly online, offering free one-to-one advice for new and grassroots groups on governance, volunteering, safeguarding, funding, payroll, networking and much more.

Book a 15-minute slot (or multiple slots if you need longer) or pop in on the day if a Development Officer has availability (though booking ahead guarantees your spot).

Keep an eye on the [events page](#) for newly added dates and locations and [book your spot via Eventbrite](#), though drop-ins are also welcome.

- [Online 28 May, 4pm to 6pm](#)
- [Shipleigh Library 4 June, 10am to 12pm](#)
- [Great Horton Library 11 June, 1pm to 3pm](#)
- [Allerton Library \(Café West\) 18 June, 10am to 12pm](#)
- [Online 2 July, 4pm to 6pm](#)
- [Clayton Library 16 July, 12pm to 2pm](#)
- [Woodside Village Centre 21 July, 10am to 12pm](#)
- [Online 11 August, 4pm to 6pm](#)
- [Thornton Library 18 August, 10am to 12pm](#)

Take the next step:

Head to our [events calendar](#)

Follow up on [Facebook](#) and [LinkedIn](#)

Email: info@cabad.org.uk

Practitioner Forums

A new series of Practitioner Forums has been launched to help spark collaboration and communication between the safeguarding partnerships and frontline practitioners in the Bradford District area.

Each short session provides a platform for discussion, a place to share knowledge, address challenges and promote best practice. The forums offer a direct line to the safeguarding partnership and are hosted by BSAB's Independent Chair, Dr Terry Hudson. The next session takes place on **Thursday 4 June**, from **10am to 11am**, and is being held online via Microsoft Teams. You can register directly through the [Microsoft Virtual Events platform](#). For more information, booking details and **future dates**, visit the [Safer Bradford website](#).

Sport, Physical Activity and Safer Communities

Sport and physical activity play an important role in supporting safer and stronger communities, whether by providing a means for people to meet and get to know each other, creating an environment of trust and understanding, or as a way to support positive future pathways for personal development.

Yorkshire Sport Foundation is keen to better understand where sport and physical activity is already a key focus of work in this area. If you are involved in an organisation, programme or project working in this field, you can help by filling in [a short questionnaire](#). For more information, contact Lisa Moseley at lisa.moseley@yorkshiresport.org.

Invitation: Active Bradford Co-Design Workshops

You are invited to [register](#) for upcoming co-design workshops being held as part of the Active Bradford partnership and its support for the [Every Move Counts Strategy](#). These workshops will bring together a wide range of stakeholders from across health, education, sport, local government, community organisations and the voluntary sector to collaboratively explore the factors influencing children and young people's physical activity and inactivity in Bradford. The approach builds on the groundbreaking [JU:MP initiative](#) and its successful targeted neighbourhood work and is concerned with district-wide 'universal' provision.

Through a series of facilitated, interactive group activities, participants will:

- Share insights on local challenges and opportunities
- Contribute to system mapping of physical activity influences
- Help identify priorities and actions for sustainable, district-wide change

The workshops are designed to build on one another, and participation in all three is requested where possible. Lunch will be served after each session:

- Thursday 4 June, 9.30am to 1pm at the University of Bradford.
- Thursday 2 July, 9.30am to 1pm (venue to be confirmed).
- Thursday 10 September, 9.30am to 1pm (venue to be confirmed).

The outputs from these workshops will directly inform the development of a Bradford District Universal Offer, aiming to create equitable opportunities for physical activity for children and families. This work will also contribute to [Active Bradford](#)'s collaboration with the [VCS Alliance](#), [StreetGames](#) and Children's Trust on the Prevention and Early Help strategy.

Please note that the workshops will also form part of a research study led by the University of Bradford and Leeds Beckett University. Participation in the research component is entirely voluntary, and further information will be provided in advance. Choosing not to participate in the research will not affect participation in the workshops.

Belong Network: Online Training Gender and Social Cohesion

In May, [Belong](#) will publish new guidance on Gender and Social Cohesion, commissioned by the [Ministry of Housing, Communities and Local Government](#).

Belong will be sharing and discussing the guidance at sessions designed for local council officers and partners from other agencies, including voluntary, community and faith sector organisations.

The two-hour online sessions will set out key themes and principles, share practical examples and create space for discussion and peer learning.

Sign up to one of the following sessions:

- [Thursday 21 May, 10am to 12pm](#)
- [Wednesday 27 May, 10am to 12pm](#)

Each session will bring together participants from local authorities and civil society organisations, reflecting the collaborative nature of cohesion work. The training will focus on how gender shapes experiences of social cohesion, what a gender-responsive approach looks like in practice and how gender considerations can be embedded more systematically in local work. There will be an opportunity for questions, discussion and shared learning. The training is open to local authority officers and civil society organisations involved in cohesion-related work.

Play, Move, Create: Baby and Toddler Sessions in Bradford

Looking for a welcoming baby and toddler group in Bradford? [Bradford Arts Centre](#) and All Star run weekly [Play, Move, Create](#) sessions, designed specifically for parents, carers and their children aged 0–5.

Developed in partnership with [All Star](#), the sessions offer a safe, nurturing environment where children can grow in confidence through imaginative play, music, movement and hands-on creative activities. It is the perfect place for local parents and carers to connect, while children learn and grow through play.

The sessions also support Bradford's [50 Things to Do Before You're 5](#), helping children and families build confidence, creativity and a love of learning through play.

Every Wednesday from 10am to 11.30am, children will have the freedom to discover unique creative zones, including the reading nook, creative crafts table and rhyme time.

Complimentary refreshments are provided, giving parents and carers a chance to chat in a supportive community setting. Sessions cost £1 per child. Spaces are limited, so [booking in advance is recommended](#). All children must be accompanied by an adult.

Cycling Through Bradford's Heritage

Capital of Cycling, working with Bradford Council, is creating low-traffic cycling routes linking the city's museums, galleries, heritage sites and green spaces, and they need your help to make it happen.

The project is inviting people to get involved in designing and test-riding routes, sharing local knowledge and helping shape both online and printed maps. You can bring your own bike or try out one of the e-bikes on offer. Routes will connect three of Bradford District's Museums & Galleries: Bolling Hall, Bradford Industrial Museum and Cartwright Hall, weaving together some of the city's most significant cultural and historic landmarks by bike. Volunteer ride leaders are also being sought to help guide the rides, with training available for anyone who needs it. Test rides are **planned for the start of June**, so if you'd like to get involved, get in touch soon by writing to info@capitalofcycling.org.

Conflicts of Interest: Updated Guidance for Trustees

The Charity Commission has published updated guidance for trustees on identifying and managing conflicts of interest. The revised guidance is shorter and clearer than before, with common example situations included to make it easier to apply in practice. It is worth a read for all trustees and particularly useful to share with anyone newly appointed to a board. You can find the [full guidance on the Charity Commission website](#).

Free Programmes at Horton Community Farm

[Horton Community Farm](#) is running two free community programmes this summer. Visit the links below to find out more about each programme, including dates, times and how to book your place.

The [Mindfulness Garden programme](#) is open to people over 50 and carers of any age, combining nature, food growing and wellbeing in a welcoming outdoor setting (free taster session on 3 June, 1pm to 3pm).

[Rooted Together](#) is open to refugees and asylum seekers in Bradford, offering a chance to connect with nature and grow organic food in a safe, supportive environment (two sessions every Friday).

Strengthening Safeguarding Practice with National Working Group (NWG)

Places are still available for NWG's Strengthening Safeguarding Practice Specialist Workshops on **12 June**. Please note that full-day attendance is required. [Book your place via "Available Events" on Enable.](#)

Workshop 1: Learning from MACE Observations, 10am to 12pm: Explore national learning from NWG's MACE observations, examine how this can strengthen Bradford's response to exploitation, including current strengths, areas for development and key themes within MACE cases.

Workshop 2: Transitional Safeguarding, 1pm to 3pm: Examine Bradford's progress in implementing transitional safeguarding, explore what further development is needed to strengthen support for young people, with examples of effective practice from other areas and opportunities to enhance multi-agency responses.

Skills for Work Partners with Smart Works to Help Women into Work

[Skills for Work](#) is offering women a valuable opportunity to get job-ready through a new partnership with national charity [Smart Works](#).

Skills for Work provides part-time courses and training to individuals across the Bradford District and the wider West Yorkshire region, and this initiative extends that support with something practical and personal. The sessions are open to women only and are completely free to attend.

Each session brings together three key elements: employability support to help you build confidence and sharpen your job-search skills, access to free, interview-appropriate clothing and one-to-one coaching to help you prepare for and secure a job.

The clothing and coaching come courtesy of Smart Works, a charity dedicated to helping unemployed women gain the confidence, coaching and clothing they need to secure employment and change the trajectory of their lives. Sessions are running across May, June and July. [Register your interest today.](#)

BDCU Back to School Loan: Limited Time Offer

With the new school year on the horizon, [Bradford District Credit Union \(BDCU\)](#) has launched a **Back to School Loan** aimed at helping families who may struggle with the upfront costs of uniforms, clothing and equipment. The loan is designed with accessibility in mind. Aimed specifically at individuals with low credit scores, it offers a practical way to manage expenses while also building better financial foundations for the future.

BDCU sees it as more than just a loan: it is a stepping stone towards improving financial literacy, building a credit profile and developing a healthy savings habit.

The package **combines a £250 loan with a £50 savings incentive**, which is paid in two stages. When the loan is issued, **£10 is credited** directly into your BDCU savings account. **A further £40** is added once the loan has been fully repaid, rewarding you for seeing it through.

The offer is open to both new and existing BDCU members, though anyone who has previously held a Back to School Loan with BDCU will need to have repaid it in full before applying.

This is a limited-time offer, so do not leave it too late. [Find out more and apply on the BDCU website.](#)

Who we are

Community Action Bradford & District is a support organisation offering crucial services to voluntary sector organisations. Additionally, we have a long history dedicated to the development of community groups across the Bradford district, and we believe that we are truly in, of and for the community.

What we do

We provide a variety of services to support, develop, enable, represent and inform our community. These include the following:

- [Operational support](#) to help you set up and sustain your voluntary group
- Briefing Bradford newsletter
- An easy-to-use [payroll and accounts](#) service
- A breadth of online and in-person [training opportunities](#)
- Professional [marketing and communications support](#)
- [Leaders Network](#): a space for VCSE leaders to come together, shape the sector and support each other in their organisational and sector leadership roles.
- [Chairs and Trustees Network](#): a space to come together, offer peer support, exchange information and get support in your role governing an organisation.

Who to contact?

For general organisation advice, **any query is welcome**. Simply email info@cabad.org.uk for support.

Safeguarding advice and support is also available, covering safeguarding audits, policy reviews, implementation and more; to access this, please [book an appointment with Chris Hancox](#).

Those seeking **funding and grants support** can explore the [live funding webpage](#) or book 1:1 support and advice by [booking an appointment with Chris Barker](#).

Finally, **volunteering support** for organisations is on offer, encompassing help with volunteering policies and procedures, training, and recruiting, supporting and supervising volunteers, so please email chris.bulmer@cabad.org.uk to access this support.

Coming up: Training Bulletin

From 27 May, we will be launching a brand-new monthly **Training Bulletin**.

Sent out to our Briefing Bradford subscribers, the bulletin will take a deeper look at the training courses we offer, giving our readers a more detailed insight into what each course covers and how it could benefit them and their organisation. It will also shine a light on the bespoke training opportunities available, for those looking for something more tailored to their specific needs.

The only way to receive the Training Bulletin is by subscribing, so if you have not yet signed up, we would love to have you on board. Simply get in touch with us at briefingbradford@cabad.org.uk to subscribe and make sure you do not miss out from the very first issue.

Resource Hub

Whether you're looking for guidance, tools or inspiration, the [Resource Hub](#) has you covered. Browse the full collection, download what's useful, and take what you need at your own pace.

If you'd like a bit more support, the [Development Officers](#) are always happy to have a conversation and talk through your options with you.

Not finding what you're looking for? Drop a line to info@cabad.org.uk. The team will be happy to look into it and add it to the collection.



Supporting unpaid carers in Bradford and beyond

Bradford Council is reviewing how unpaid carers are supported to take regular breaks from caring. An unpaid carer is anyone who provides unpaid support to a family member, partner or friend who needs help due to illness, frailty, disability, mental health problems or addiction.

If you live in the Bradford area, you can share your views by [completing a short survey](#), estimated to take **no more than 10 minutes**. Your responses will help ensure that services supporting carers are designed around real needs and reflect what matters most to you and the person you care for. For more information, contact commissioning.inbox@bradford.gov.uk or visit the [council's website](#).

A National Voice for Unpaid Carers

Further afield, the [National Unpaid Carers Union and Forum](#) (NUCUF) is a non-profit organisation run by unpaid carers, for unpaid carers. Founded by Leo Cleary, it is the first recognised union of its kind and aims to provide a strong, collective voice for unpaid carers across the UK, fighting for better support, recognition and financial security. NUCUF functions as both a trade union and an online forum, offering advocacy, guidance and a platform for collective action. Through it, carers can connect, share experiences and access resources to help them navigate their roles more effectively. To find out more or to join the movement for unpaid carers, visit the [NUCUF website](#).

Stop Smoking Medications Now Available Through Living Well

[Living Well](#) has expanded its **Stop Smoking Service** to include clinically approved medications, giving people across Bradford greater support to quit permanently.

Following a personalised assessment with a Stop Smoking Advisor, eligible people can now access medication alongside behavioural support. The combination offers the best possible chance of quitting successfully, reducing cravings, managing withdrawal symptoms and removing the pleasurable effects of nicotine. The medications available are Varenicline (Champix), Cytisinicline and Bupropion (Zyban, subject to suitability). The service is delivered in partnership with Bradford Care Alliance and Modality, in line with NICE guidance.

Smoking remains one of the leading causes of preventable illness and death, with a particularly significant impact on more disadvantaged communities across the district. Bringing medication and behavioural support together aims to reduce those health inequalities and help people live longer, healthier lives.

For more information, [visit the Living Well website](#) or use the [direct referral form](#) to refer someone. For resources or to arrange a conversation about embedding the service in your community, email hello@mylivingwell.co.uk or explore the [Living Well Toolkits](#).

Plan Ahead: Spring Bank Holiday 25 May

With the Spring Bank Holiday falling on Monday 25 May, NHS West Yorkshire is encouraging people to plan ahead as services are expected to be busy.

Most GP practices and some pharmacies will be closed or operating on reduced hours over the bank holiday period. Urgent GP appointments will still be available, though not necessarily at your usual practice. Appointments must be booked in advance by contacting your GP practice, visiting [NHS 111 online](#) or calling 111. Make sure you have enough prescription medication to cover the holiday period. Repeat prescriptions can be ordered in good time via the NHS App or through your GP practice. For more information [visit the Partnership website](#).



Thank you to each and every one of our loyal subscribers – we hope you enjoy the read each fortnight!

Be in the next issue!

Send an email to briefingbradford@cabad.org.uk with as much detail as possible to have it in a future issue.

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